## CAREER AND PROFESSIONAL DEVELOPMENT ROADMAP: POSTDOCS

This roadmap is designed to help you navigate your path toward a successful career.

## **GETTING STARTED**

## MAINTAINING MOMENTUM

## LATE STAGE

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Create Individual Development Plan (IDP) & discuss with mentor(s) regularly Build communication skills Start exploring your career Acquire professional attire Identify career of interest Keep CV/resume up to date Enhance professional skills Build collaboration skills Engage in leadership & service Prepare job application materials
Practice interviewing
Strengthen network & request references
Learn about job offer negotiation

ESEARCH

Discuss mutual expectations with supervisor/PI Complete Responsible Conduct of Research training (as required)

Complete safety training (as required)
Explore & apply for available

grants/fellowships/awards

Learn data management & visualization
Enhance collaboration skills
Disseminate & present research
Complete grant writing training
Apply for postdoc-to-faculty transition
fellowships/awards

Mentor junior researchers

Explore entrepreneurship opportunities

Practice job talk & elevator pitch

Write research statement for academic jobs

EACHING

Explore Center for Teaching & Learning (CTL) programs & resources

Begin working toward Tech to Teaching certificate

Attend cultural & inclusivity programs

Participate in Preparing Future Faculty programs

Complete a mentored teaching experience Complete requirements for Tech to Teaching certificate Write teaching statement for academic jobs

Prepare teaching demonstration for academic jobs

ELLNESS

Complete new postdoc checklist
Attend orientation programs
Complete sexual assault awareness training
Develop a personal financial plan

Make use of health & wellness support services

Take advantage of resources for partner/family

Participate in postdoc organizations & activities

Be aware of resources for handling difficult conversations & conflicts

Seek peer & family support (as needed)
Use Faculty/Staff Assistance Program
counseling services (as needed)
Celebrate taking the next step on
career path